

Grupa	SUBPRODUS	Denumire produs	DECLARATIE NUTRITIONALA exprimata per 100 g sau per 100 ml produs									ALERGENI																
			Valoare energetica		Grasimi -g-		Glucide		Fibre -g-	Proteine -g-	Sare -g-	CEREALE CU CONTINUT DE GLUTEN	CRUSTACEE SI PRODUSE DERIVATE	OUA SI PRODUSE DERIVATE	PESTE SI PRODUSE DERIVATE	ARAHIDE SI PRODUSE DERIVATE	SOIA SI PRODUSE DERIVATE	LAPTE SI PRODUSE DERIVATE	FRUCTE CU COAJA LEMNOASA SI PRODUSE DERIVATE*	TELINA SI PRODUSE DERIVATE	MUSTAR SI PRODUSE DERIVATE	SEMINTE DE SUSAN SI PRODUSE DERIVATE	DIOXID DE SULF SI SULFIT**	LUPIN SI PRODUSE DERIVATE	MOLLUSTE SI PRODUSE DERIVATE			
			kJ	kcal	Grasimi -g-	din care: Acizi grasi saturati g-	Glucide g-	din care: Zaharuri g-																				
Pui		Piept pui Kentucky	996	238	12.00	2.84	8.96	0.12	< 0.1	22.59	1.845	√	√				√											
		Copan pui Kentucky	995	238	13.46	2.84	12.55	< 0.1	< 0.1	17.29	1.525	√	√				√											
		Pulpa pui Kentucky	1119	269	18.25	4.03	11.09	< 0.1	< 0.1	14.88	1.408	√	√				√											
		Coasta pui Kentucky	964	230	9.87	2.16	5.81	0.12	< 0.1	5.81	0.935	√	√				√											
		Hot Wings	1332	320	19.50	3.58	10.67	< 0.1	< 0.1	20.25	1.438	√	√															
		Crispy Strips	876	208	6.68	0.75	12.59	0.12	1.46	14.21	1.40	√	√															
		Fillet Bites	869	207	9.14	2.16	10.28	8.58	1.70	21.84	1.90	√	√				√											
Sandwich-uri		Booster	933	223	8.60	1.51	26.25	1.79	3.68	11.87	2.215	√	√				√				√	x						
		Hot Booster	954	228	10.62	1.42	20.92	2.75	3.56	10.39	1.31	√	√				√				√	x						
		Crispy	970	230	9.24	2.09	31.61	0.95	0.28	12.19	1.248	√	√								√	√						
		Dublu Booster	1021	244	10.12	2.60	29.07	0.35	1.24	11.25	2.85	√	√				√				√	x						
		Dublu Hot Booster	1133	271	13.41	2.75	26.04	1.12	2.80	12.89	1.866	√	√				√				√	x						
		Fillet	952	227	8.49	1.51	21.24	0.47	0.25	16.04	1.20	√	√				√				√	√						
		Zinger	1126	268	12.36	1.51	23.63	1.02	0.24	15.68	0.705	√	√								√	√						
		Twister Clasic	828	197	9.12	2.19	19.96	3.24	0.63	8.88	1.00	√	√								√							
		Twister Fillet Bites	733	175	6.08	2.19	22.72	19.79	2.93	8.69	1.08	√	√				√				√							
		Twister fara carne	1019	242	8.99	2.19	36.15	3.31	1.01	5.78	1.22	√	√				√				√							
		Dublu Crispy	1076	257	12.28	1.78	21.11	2.44	3.92	13.64	1.54	√	√				√				√	√						
Salate		Coleslaw	876	210	8.27	0.87	22.34	21.02	1.02	0.49	0.67	√	√		x		x			√								
		KFC Zinger	230	55	1.83	0.30	5.12	0.03	0.17	6.32	0.428	√	√															
		KFC 4 Fillet Bites	235	56	2.40	2.84	4.81	2.84	1.97	4.84	0.478	√	√				√											
		KFC Fillet	291	70	3.74	0.67	4.87	0.04	0.17	5.96	0.418	√	√				√											
		KFC branza feta	213	51	3.21	1.88	3.43	0.08	0.06	2.83	0.832	√	√				√											
Deserturi		Tarta cu aroma de ciocolata	1860	445	25.88	18.30	46.30	31.33	2.09	5.79	0.19	√	√				√	√										
		Inghetata Sundae cu Topping ciocolata	736	176	5.72	3.77	27.26	26.77	0.74	3.50	0.1741				√	√	√	√										
		Inghetata Sundae cu Topping caramel	758	181	6.20	3.77	26.34	25.72	0.74	4.58	0.1974						√											
		Inghetata Sundae cu Topping capsuni	732	175	5.35	3.77	28.19	27.58	0.74	3.03	0.1644						√											
Garnituri		Cartofi prajiti	1304	311	14.29	2.58	39.19	0.70	3.79	3.56	0.15																	
		Chifla cu susan	1286	304	4.90	1.30	55.70	8.10	1.90	8.40	1.30	√				x	√					√						
		Sos Ketchup	387	91	0.20	0.10	18.40	17.70	0.50	2.00	1.30											√						
		Sos cu Usturoi	1628	395	39.70	4.30	5.90	5.40	4.70	1.00	1.50		√				√				√							
		Sos Vinaigrette	1304	316	30.80	2.20	8.50	8.40	-	0.10	2.20																	
		Sos Herbs	823	199	18.90	1.50	5.90	4.40	-	0.80	1.60		√				√	√	√									
		Sos Iaurt	874	211	20.00	1.80	6.30	4.10	-	1.10	1.30		√				√	√	√									
		Mini Porumb fiert	461	109	0.32	0.08	22.73	22.73	3.70	3.46	0.05						√											
		Cartofi Dipping	609	145	5.00	0.60	21.00	0.50	3.00	2.50	0.10																	
			Sandwich Booster Junior	933	223	8.60	17.59	26.25	1.79	3.68	11.87	2.21	√	√				√	x		√	x						

	Menui 9 Fillet Bites	sau Fanta Portocale pahar 0.4L	178	42	0	0	10.30	10.00	-	0	0.01										
		sau Sprite pahar 0.4L	40	9	0	0	2.10	2.10	-	0	0.02										
	Menui Dublu Crispy Sandwich	Dublu Crispy Sandwich	1076	257	12.28	1.78	21.11	2.44	3.92	13.64	1.54	√	√			√			√	√	
		Cartofi prajiti portie medie	1304	311	14.29	2.58	39.19	0.70	3.79	3.56	0.15										
		Coca-Cola pahar 0.4L	180	42	0	0	10.60	10.60	-	0	0										
		sau Coca Cola Zero pahar 0.4L	1.2	0.3	0	0	0	0	-	0	0.03										
		sau Fanta Portocale pahar 0.4L	178	42	0	0	10.30	10.00	-	0	0.01										
		sau Sprite pahar 0.4L	40	9	0	0	2.10	2.10	-	0	0.02										
		Coca Cola pahar 0.3L, 0.4L, 0.5L	180	42	0	0	10.60	10.60	-	0	0										
		Coca Cola Zero pahar 0.3L, 0.4L, 0.5L	1.2	0.3	0	0	0	0	-	0	0.03										
Bauturi	Fanta Portocale pahar 0.3L, 0.4L, 0.5L	178	42	0	0	10.30	10.00	-	0	0.01											
	Sprite pahar 0.3L, 0.4L, 0.5L	40	9	0	0	2.10	2.10	-	0	0.02											
	Schweppes Bitter Lemon sticla 0.5L	222	52	0	0	12.60	12.60	0	0	0											
	Cappy Nectar Portocale 0.33L	178	42	0	0	8.70	8.70	0	0.70	0											
	Cappy Nectar Piersici 0.33L	208	49	0	0	12.00	12.00	0	0	0											
	Cappy Nectar Mere 0.33L	192	45	0	0	10.60	10.10	0	0	0											
	FUZE TEA Lamaie si Lemongrass 0.5 L	80	19	0	0	4.40	4.40	0	0	0.03											
	FUZE TEA cu Piersica si Hibiscus 0.5 L	81	19	0	0	4.50	4.50	0	0	0.02											
	Apa plata Izvorul Alb Dorna 0.5L	0	0	0	0	0	0	0	0	0											
	Apa Minerala Dorna 0.5L	0	0	0	0	0	0	0	0	0											
	Burn 0.25L	263	62	0	0	16.00	15.00	0	0	0.05											
	Ceai	5	1	0.01	< 0.01	0.24	< 0.1	0.02	< 0.1	0.005											
	Smart choice	Smart Menu	3 Hot Wings	1332	320	19.50	3.58	10.67	< 0.1	< 0.1	20.25	1.438	√								
			2 Crispy Strips	876	208	6.68	0.75	12.59	0.12	1.46	14.21	1.40	√								
Cartofi prajiti portie mica			1304	311	14.29	2.58	39.19	0.70	3.79	3.56	0.15										
sau Sos Ketchup			387	91	0.20	0.10	18.40	17.70	0.50	2.00	1.30									√	
sau Sos cu Usturoi			1628	395	39.70	4.30	5.90	5.40	4.70	1.00	1.22	√			√			√			
Coca Cola pahar 0.3L			180	42	0	0	10.60	10.60	-	0	0										
sau Coca Cola Zero pahar 0.3L			1.2	0.3	0	0	0	0	-	0	0.03										
sau Fanta Portocale pahar 0.3L			178	42	0	0	10.30	10.00	-	0	0.01										
sau Sprite pahar 0.3L		40	9	0	0	2.10	2.10	-	0	0.02											
Snack Box		Piept pui Kentucky	996	238	12.00	2.84	8.96	0.12	< 0.1	22.59	1.845	√	√			√					
		sau copan pui Kentucky	995	238	13.46	2.84	12.55	< 0.1	< 0.1	17.29	1.525	√	√			√					
		sau pulpa pui Kentucky	1119	269	18.25	4.03	11.09	< 0.1	< 0.1	14.88	1.408	√	√			√					
		sau coasta pui Kentucky	964	230	9.87	2.16	5.81	0.12	< 0.1	5.81	0.935	√	√			√					
		sau 2 Crispy Strips	876	208	6.68	0.75	12.59	0.12	1.46	14.21	1.40	√									
		sau 3 Hot Wings	1332	320	19.50	3.58	10.67	< 0.1	< 0.1	20.25	1.438	√									
		sau 4 Fillet Bites	869	207	9.14	2.16	10.28	8.58	1.70	21.84	1.90	√	√			√					
		Cartofi prajiti portie medie	1304	311	14.29	2.58	39.19	0.70	3.79	3.56	0.15										
	Expresso	15	3	0.06	0.032	0.40	0.40	< 0.01	0.33	0.001											
Seattle Best Coffee	Cafea Americano 0.2L	14	3	0.03	0.01	0.66	< 0.1	0.39	0.24	0.0060											
	Cafea White Americano 0.2L	64	15	0.46	0.21	1.70	0.48	0.34	1.16	0.0347					√						
	Bautura cu continut de cacao 0.2L	326	78	2.59	1.91	11.95	10.29	1.20	2.16	0.10					√						
	Cafea Mocha 0.2L	359	85	1.82	1.16	15.44	13.94	1.02	2.19	0.1396					√	√					
	Cappuccino 0.2L	146	35	1.05	0.53	3.90	1.80	0.43	2.51	0.0707					√						
	Cafea Latte Caramel 0.2L	218	52	1.04	0.55	8.31	7.10	0.65	2.48	0.0730					√	√					
	Cafea Latte Vanilie 0.2L	189	45	1.02	0.50	6.55	5.23	0.42	2.47	0.0766					√						

American Bucket	11 Crispy Strips	876	208	6.68	0.75	12.59	0.12	1.46	14.21	1.40	√									
	11 Hot Wings	1332	320	19.50	3.58	10.67	< 0.1	< 0.1	20.25	1.44	√									

Informatiile cu privire la valorile nutritionale ale produselor standard KFC sunt complete.

Valorile afisate sunt rezultatele per 100 g sau per 100 ml produs si provin din testele efectuate in laboratoare acreditate, in numele KFC, date publicate si informatii puse la dispozitie de furnizori.

Unele produse vandute in restaurantele KFC nu sunt prezente in acest tabel de valori, in special cele de sezon si cele nou promovate. Valorile nutritionale pot prezenta mici variatii in functie de sezon, locatie si alti factori, putand suporta modificari fara o instiintare prealabila.

NOTA: Toate produsele KFC pot contine urme de substante alergene (gluten, oua, arahide, soia, lapte, fructe cu coaja, telina, mustar, seminte de susan si produse derivate, dioxid de sulf si sulfiti) ce provin din materiile prime obtinute in fabrici ce proceseaza alimente cu continut de substante alergene.

√= produse ce au in compozitia lor substante alergene

x= poate contine urme de substante alergene

*Fructe cu coaja lemnoasa, adica: migdale, alune de pădure, nuci, nuci Caju, nuci Pecan, nuci de Brazilia, fistic, nuci de macadamia și nuci de Queensland

**Dioxidul de sulf și sulfitii în concentrații mai mari de 10 mg/kg sau 10 mg/litru exprimate în SO₂ total

Informațiile cuprinse aici corespund situației reale de la punerea în imprimare Editia 1, Revizia 1, 22.03.2021.

Pentru informatii suplimentare acceseaza <https://kfc-md.md/>